

**GOVERNMENT OF NATIONAL CAPITAL TERRITORY OF DELHI
DIRECTORATE OF EDUCATION: SCHOOL BRANCH (HEALTH)
OLD SECRETARIAT, DELHI-110054**

No.DE.23(386)/Sch.Br/SHP/2026/185-191

Dated: 24/08/2026

CIRCULAR

Subject: Strengthening awareness, prevention and preparedness against Seasonal Influenza/Swine Flu (H1/N1) in schools of Delhi.

All Heads of Government Schools, Government-Aided Schools and Private Unaided Recognized Schools under the jurisdiction of Directorate of Education, GNCTD are hereby advised to accord due attention to the prevention of Seasonal Influenza/Swine Flu (H1N1) and to reinforce health awareness and respiratory hygiene practices among students and school staff.

As highlighted in the public health advisory issued by the Delhi State Health Mission, symptoms such as sore throat, cough, difficulty in breathing, body ache, headache, fatigue, chills and fever may be associated with Seasonal Influenza / H1N1. While there is no need for undue alarm, timely awareness and responsible preventive practices are essential, particularly in the school environment.

Accordingly, all schools are advised to adopt a "Healthy School – Healthy Community" approach and ensure the following:

1. **Promote respiratory hygiene:** Cover the nose and mouth while coughing or sneezing and dispose of tissues appropriately.
2. **Make hand hygiene a routine:** Encourage regular handwashing with soap and water, particularly before eating and after coughing or sneezing.
3. **Prevent transmission:** Maintain appropriate distance from persons showing respiratory symptoms. Masks may be used where considered necessary.
4. **Strengthen school hygiene:** Ensure regular cleaning of classrooms, common areas and frequently touched surfaces, with adequate ventilation wherever feasible and awareness must be generated about not spitting in school premises or public places.
5. **Promote healthy habits:** Encourage adequate hydration, nutritious food, adequate rest and general personal hygiene.
6. **Avoid face-touching and spitting:** Students and staff should avoid frequently touching the eyes, nose and mouth to avoid risk of infection.
7. **Discourage self-medication:** Antibiotics and other medicines should not be taken without medical advice.
8. **Create awareness beyond the classroom:** The advisory may be disseminated through morning assemblies, classroom interactions, notice boards, parent communication channels and the school's digital platforms.

A small precaution today can prevent a larger health concern tomorrow.

All DDEs (Districts/Zones) are directed to monitor and ensure the compliance of the same and send compiled report to healthschoolbranch@gmail.com by 31.08.2026.

This issues with the prior approval of the Competent Authority


(Dr. Harsh Arya)
Addl. DE (Health)

Enclosure: As above

Heads of All Govt./Govt. Aided/Private Unaided Recognized Schools under Directorate of Education through Del-E.

No. DE.23 (386)/Sch.Br/SHP/2026/185-191

Dated: 24/08/2026

Copy to:-

1. PS to Secretary (Education).
2. PA to Director (Education).
3. All RDEs, DDEs (District/Zone) to ensure compliance please.
4. DDE (PSB)
5. DDE (ASB)
6. System Analyst (MIS) for uploading on MIS.
7. Guard file.


(Vandana Agrawal)
OSD (Health)